

CENTRAL KINGS RURAL HIGH SCHOOL



Newsletter

November news!

Our SAC meeting is on November 16th from 7-8:00 p.m. and our own Ms. Nicholson will be speaking with us around Resource services at Central Kings.

Our Football Team raised several thousand dollars at their spaghetti supper last week. Thanks to Bobby Best for spearheading that effort along with the parents of our players. The team did a great job serving! We could not have this costly sport at CKRHS if we did not have such great community support.

Volleyball is in full swing and Basketball and Hockey are starting. Stay tuned for our December concerts. Once again, the concerts will be split into Middle and High School concerts to keep them short at this busy time of year.

Anyone driving students must have all of their paperwork in order so please look after this if you think you might be driving for school events.

Alert Solutions will now be the major communication tool for the AVRSB to communicate with parents and students. Please make sure all of your contact information is up to date so you do not miss important announcements around weather, etc.

We Day is on November 30th this year and we will be taking several students to attend this inspiring event.

Janice Foote
Principal

A Day of Remembrance

November 11th



Dates to Remember

Nov. 10 – Remembrance Day Assembly, 11:30 a.m.
Nov. 11 – Remembrance Day - School Closed
Nov. 15 – Early Dismissal, 12:00
Nov. 16 - SAC Meeting, 7:00 p.m.
Nov. 17 – Gr. 9-12 Report Cards Issued
Nov. 23 – Gr. 6-8 Report Cards Issued
Nov. 24 - Grades 6-12 Parent/Teacher, 1-3 pm (Gr 6-8) and 1-4 pm (Gr 9-12); 6-8:30 pm (Gr 6-8) and 7-9 pm (Gr 9-12)
Nov. 30 – We Day – No School for Students



Library Hours for November

The CK Library is open every Wednesday and Friday, plus every other Monday from 8:50 a.m. to 3:20 p.m. There is a drop box in the office to return books when the library is closed.



CK Cafeteria

November's Menu

Monday, November 7th
Luigi's Pizza, \$3.50
Tuesday, November 8th
Mac 'n' Cheese & Roll, \$4.00
Wednesday, November 9th
Chicken on a Bun, \$3.50
Thursday, November 10th
Hot Pizza Subs, \$3.50
Friday, November 11th
NO SCHOOL

Monday, November 14th
Luigi's Pizza, \$3.50
Tuesday, November 15th
EARLY DISMISSAL
CAFETERIAL CLOSED
Wednesday, November 16th
Pizza Buns, \$3.50
Thursday, November 17th
Grilled Cheese & Veggie Soup, \$4.00
Friday, November 18th
Jessy's Pizza, \$3.50

November 4, 2016

Monday, November 21st
Luigi's Pizza, \$3.50
Tuesday, November 22nd
Sweet 'n' Sour Chicken Balls w/ Rice, \$4.00
Wednesday, November 23rd
Poutine & Coleslaw, \$4.00
Thursday, November 24th
EARLY DISMISSAL
CAFETERIAL CLOSED
Friday, November 25th
Jessy's Pizza, \$3.50

Monday, November 28th
Luigi's Pizza, \$3.00/\$3.50
Tuesday, November 29th
Chicken Pot Pie & Roll, \$4.00
Wednesday, November 30th
WE DAY – NO SCHOOL



This November/December the *Nourish Your Roots* Healthy School Fundraiser is coming to our School! Support our school and local farmers by purchasing a box filled with fresh produce from the farm for \$30, to raise funds to support food related health promotion activities at our school. Selling period: November 14th-25th. Delivery will be scheduled between December 5th-16th. Stay tuned for more information!

SUBJECT FAIR

Over the coming months, we will be releasing information about our upcoming Subject Fair happening in the Middle Level in February. The Grade 8s are off to a great start showing lots of enthusiasm exploring topics for the subject fair! They had their first work period and were spotted researching all kinds of topics for Science, Heritage and Art Fair! They will continue working on their projects over the coming months both at home and in common periods at school, exploring topics, art mediums and experimenting. All of this will culminate with a Subject Fair on February 23rd and a public viewing that night.

We are welcoming entries from the high school. It looks great on an application for post-secondary and there are often scholarships that can be won at the regional level. At this

point students should be thinking about the following no matter what subject they are looking at exploring:

In October and the beginning of November, students should:

1. brainstorm four possible topics of interest;
2. come up with two investigative questions per topic;
3. choose a fitting topic and problem to be investigated;
4. form a hypothesis or make a plan;
5. submit project proposal and gain approval from a supervising teacher;
6. ensure safety and ethical guidelines are met; and
7. record ideas in their research logbook.

As November and December continue, students should now:

1. begin preliminary research on the hypothesis, topic or medium;
2. change or reconfirm the hypothesis with the supervising teacher;
3. identify the "Control" and "Variables" of the experiment, refine the Heritage topic or make decisions about what type of art project you want to do;
4. contact all appropriate people, gather resources/materials;
5. submit written project plan; and
6. continuing recording in logbooks, detailing the progression of their project from start to finish.

Specifically, if students are thinking of Science Fair, they should consider the following: What makes a good science fair project? It depends on what you want to know! Your project should be on a topic that's exciting to you - perhaps something from a branch of science that you're interested in such as biology, physics, chemistry or any combination. Choose something that you're interested in! It can be an experiment, a research project or an innovation!

For students in the other grades who would like to participate, there will be a monthly blurb about the stages you should be working through in your project. If you are interested in participating in the fair please contact Mrs. Popowich A122 and she will give you some guidance and support with your project. Feel free to check out the new Science Fair website <https://sites.google.com/gnspes.ca/AVRSF>



AVRSB Survey on French Immersion

Parents/guardians, students and school community members are invited to share comments on French Immersion in AVRSB

through an online survey in November. The feedback collected through this survey will be considered during a review of the board's French Immersion policy and administrative procedures over the coming months. Throughout November, any interested individuals can go to <http://fluidsurveys.com/s/avrsb-immersion> to complete a survey, or visit an AVRSB school to access the survey.

Important Information about Cancellation/Urgent Notices from AVRSB

The Annapolis Valley Regional School Board is now using AlertSolutions to send messages about school cancellations or other urgent situations. Examples of these messages are school cancellations due to weather/road conditions or power outages. AlertSolutions is the system that many schools use to send information to parents and guardians by text, email and phone. If you are a parent/guardian and have updated your contact information with the school this year, you will automatically receive these notices from AVRSB by text, email and/or phone, depending on the information you have provided and the contact preferences you have indicated. If you wish to check or update your contact information or preferences for AlertSolutions messages, please use the Parent Portal online or contact the school office. For several years, AVRSB has used a system called *Notify Me* to send these types of messages by text or email. *Notify Me* requires users to sign up to this service. AVRSB will continue to operate *Notify Me* so those who do not have parent/guardian information on file with a school—such as grandparents and childcare providers—can receive these messages. Where possible,

AVRSB will take steps to ensure parents/guardians do not receive duplicate cancellation/urgent messages from AlertSolutions and NotifyMe. You can unsubscribe or subscribe to *Notify Me* any time at <https://www.avrsb.ca/content/notify-me>.



Annapolis Valley Regional School Board

Reminder to Parents Procedure for School Closure Due to Poor Weather Conditions

The decision to keep buses off the highways and, therefore, to close school due to poor weather/road conditions will be made so that announcements can be broadcast by 6:00 a.m. Announcements will be broadcast on the radio: K-Rock 89.3, AVR 97.7, Magic 94.9; CBC-FM, Halifax (English and French); CKBW, Bridgewater; CHFX/CHNS, Halifax; CJCH/C-100, Halifax; Sun FM, Sackville; and CBC, Saint John. The decision to close all or part of the school region will be made *by county* where practical.

The AVRSB has a text/email notification system so that you can get important AVRSB announcements by text or email. If interested, sign up at www.avrsb.ca/content/notify-me. If you have any questions about this text/email service, please contact the AVRSB at 538-4600 or at communications@avrsb.ca.



PUBLIC ANNOUNCEMENTS

Meadowbrook Meat Market "Save Your Receipts" Program

It's EASY! Simply save your cash register receipts from Meadowbrook Meat Market's, Berwick or Alderney Landing retail location(s) and submit them to our office. Meadowbrook Meat Market will donate 3% of the Total Dollar

CENTRAL KINGS RURAL HIGH SCHOOL

Value towards our lunch program. You can find a box in our office to submit your receipts.

The AVSSC, *Annapolis Valley Speed Skating Club*, would like everyone to know that AVSSC will be holding a FREE afterschool program to all school-aged kids! It will be taking place at the Credit Union Centre in Kingston on Fridays starting November 18th, from 4:45-5:45 p.m. We supply the skates but ask that children bring their own helmet, mitts and warm clothes! We have a few helmets to lend if needed. If you are interested in trying the sport or just love to go *fast*, we would love to see you! Please contact us at valleyspeedskating@gmail.com or find us on Facebook.

and free t-shirt along with a complimentary Tim Horton's snacks. Register online at <https://boxoffice.acadiau.ca> or at the Acadia Box Office

Dessert, Tea & Ticket Auction

Monday, December 5th, Berwick Pathfinders and Rangers (Girl Guides of Canada) will host their annual dessert tea and ticket auction at the Waterville Fire Hall, County Home Road, Waterville, Kings County. Doors open at 6:30 p.m., \$5 admission for buffet desserts. Ticket auction tickets 10 for \$1, draws start at 8 p.m.



Acadia University Women's Soccer Team will be hosting the CIS National Championships Nov. 10-13, 2016 at Raymond Field, Acadia University. This event will showcase the top women's soccer players in the country. Tickets are available at the Acadia Box office, Tournament Packages - \$40. Adult, \$20. Youth. Single Day pricing - \$10 Adult, \$5 Youth. Single day tickets are on sale now at the Acadia Box Office. Call (902) 542-5500 or 1-800-542-8425.

Grassroots Soccer Skills Challenge – Tues. Nov. 8,

2016 Raymond Field, Acadia University Times: U10 – 5:30 pm, U12 – 6:45pm and U14 – 8:00 pm. 100 Spots available per group – first come first served. Cost - \$10. Includes free youth championship admission